

PGL Frequently Asked Questions:

Accommodation:

1. How many children are in a room?

4 children maximum.

2. Can my child choose who they are in a room with?

All pupils will be given the opportunity to write down the names of children they would like to share a room with. Teachers will guarantee at least 1 of these friends to be in their room.

*Please note, and reassure your child, that teachers always have their best interests in mind when choosing who will be in each room.

3. Does my child need to bring any bedding/a sleeping bag?

No. These are provided by PGL.

4. Will a teacher be close by if my child needs them during the night?

Yes. Teachers' rooms are located at both ends of the row of children's rooms.

Food:

5. What food options are there? My child is really fussy.

There is a huge selection of food available at PGL. Even the fussiest child always finds something to eat.

Options include:

Breakfast: selection of cereals, cooked breakfast, porridge, yogurt, fruits.

Lunch and dinner: 2 different warm meal choices, soup, a salad bar and selection of breads, fruits and for dinner there is always a pudding option.

Timetable:

6. What does a typical day look like?

- 7:00am-Time to wake up
- BREAKFAST
- 9-10:30- Activity 1
- 10:35-12:05- Activity 2
- LUNCH
- 14:15-15.45- Activity 3
- 15.50-17.20- Activity 4
- DINNER
- 19:30-21:00- Evening game
- 21:30- Lights out

Clothing:

7. What clothing does my child need?

A kit list will be provided nearer the time. If you would like to look at clothing requirements earlier this can be found on the PGL website. Please note that we won't be completing all of the activities during the week so some items (e.g. knee-high socks) may not be needed.

8. Can my child bring spray deodorant?

No. Please ensure your child has a roll on deodorant as the fire detectors are sensitive and areoles can set them off.

9. Can my child wear hair gel?

No. This is a PGL rule as children will be wearing helmets and hair gel will transfer onto it if worn.

10. Can my child wear make-up?

No. None of the activities will require a child to dress up wearing make-up.

Medication:

11. What will happen about my child's medication?

If children need to take medication at any time throughout the trip there will be 2 designated teachers (1 for the boys and 1 for the girls) to provide this. We will collect in all necessary medication before leaving school and use the completed forms provided by parents to administer any medication at specified times.

Electrical devices:

12. Can my child bring any electrical items?

Hair dryers only. All others are not necessary.

13. Can my child bring their mobile phone with them?

No. Children should take the opportunity to enjoy the week away from technology spending quality time with friends.

14. Can my child bring a digital camera with them rather than a disposable one?

Yes. However, it is the child's responsibility to keep them safe.

PGL Shop/money:

15. How much money can my child bring?

Each child can bring a maximum of £10 to spend in the PGL shop.

16. Can my child bring sweets with them?

Children are allowed to bring one bag (a normal sized packet) of sweets. They will be able to purchase more sweets at the PGL shop if they wish to do so.

17. Can my child buy a fizzy drink from the PGL shop?

No. The children are already incredibly excited and full of energy during their time at PGL, additional caffeine is not needed.