



## Newsletter 10. 4th February 2022

### **Children's Mental Health Week**

Next week is Children's Mental Health Week and on Wednesday 9<sup>th</sup> February we are excited to be celebrating Inside Out Day! The aim of the day is to highlight mental health and raise the wellbeing of our children. Pupils (and staff!) are invited to wear their school jumper INSIDE OUT as a reminder that how someone looks on the outside doesn't necessarily reflect how they are feeling on the inside.



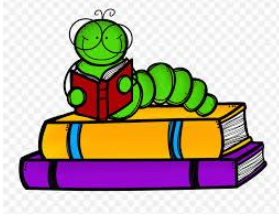
Through assemblies and lessons in class, the children will learn and develop strategies to help improve their wellbeing.

As part of the day, 'Let's Go beyond' is running a live workshop for parents: How to Parent Post-Pandemic. It is an online session on 9<sup>th</sup> February at 8pm. This session, hosted by award winning journalist, author and mum of four, Lorraine Candy will explore how the pandemic has affected parents' mental health and how we can best manage the push/pull that we often feel. <https://nowandbeyond.org.uk/parenting-post-pandemic>

### **Introduction to our new pastoral support worker**

We are delighted to share the news with you that we now have a Pastoral Support Worker in school. Mrs Perkins, whom many of you know as an Assistant Teacher, is now spending some of her time in school as part of the pastoral team, supporting the mental health and wellbeing of children. She has already undergone training in Safeguarding and is also a qualified Emotional Literacy Support Assistant (ELSA) – congratulations Mrs Perkins!



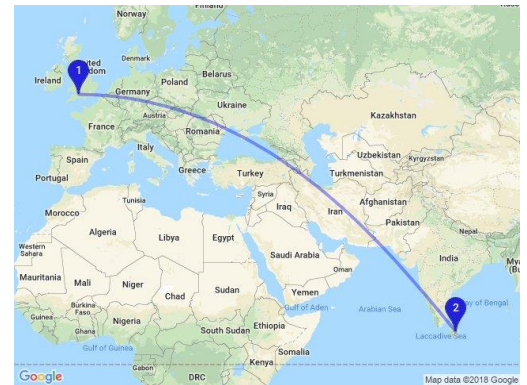


### **Book Fair**

Scholastic Book Fair will be coming to New Haw School week commencing 7th March. Further information regarding book tokens and purchasing books nearer the time.

### **International School Link**

We are delighted to announce that we have recently set up an International School Link with the Royal International School in Kurunegala, Sri Lanka. Pupils in year 6 alongside Grade 6 pupils in Sri Lanka will be in constant contact, sharing information about our school, work, community and much more. 6L have already had the opportunity to send the children in Sri Lanka a video including as much information about our school that could be included in a ten-minute video! In return, we have received a delightful and informative video showcasing the similarities and differences between our school and theirs. I am very pleased to report that this video will be shared among the rest of the children next week. We can't wait to see what else this exciting opportunity holds!



### School diary

Tuesday 8th February	Parents Evening (online)
Wednesday 9th February	Inside out day
Thursday 10th February	Parents Evening (online)
	Mufti Day "Our Community Cares"
	5F class assembly
Friday 11th February	INSET DAY
14th - 18th February	Half term
Monday 21st February	Y4 Sound Dome *details to follow
Friday 25th February	6L class assembly 3pm
	Y5 swimming
Friday 4th March	4M class assembly 3pm
	Y5 swimming
w/c 7th March	Book Fair
Friday 11th March	3D class assembly
	Y5 swimming
Thursday 17th March	Performing Arts Evening. *details to follow.
Friday 18th March	Y5 swimming