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Swimming Rules

I will listen to the adults in charge at ALL times.

I will follow ALL instructions quickly and quietly.

I will follow all whistle blows as I know that this is important to keep me safe.

I will be responsible for my own clothing and will change quickly and quietly.

I will try my hardest in all swimming lessons.

I will NOT splash, push or pull any other child, particularly when they are in the water and around the pool side.

I will NOT run around the poolside.

I understand that in every swimming lesson I will be given 3 chances to behave according to these rules.

I understand if I do not make a good choice, I will be asked to leave the pool and have to sit out for the rest of the lesson.

I understand that if I don't make good choices, my school may not allow me to continue with the swimming lessons.